

# Magnum Opus (Raw Edit)

## Summary: Lab Parts Only

Ramneek Narayan, Alchemist

June 8, 2022

---

## Doing Alchemy (preparation)

*Be sure to follow the instructions exactly as written or else results will have errors. Be patient. You can do it! At least this can take 10 days and at most this can take 365 days. It depends on how well the quality of the materials you have are.*

To make the stone you need to wear these items:

1. Shungite Stone (1)
2. Copper Bullion (1)

*Have a copper bullion and a shungite stone and keep them in your pocket. Have one copper bullion in a pocket and one shungite stone in the other. The preparation is the same this way as well, it just takes more time.*

You need to first prepare the bracelets and shungite in order to use them for a quick process to make the stone. It's easy if you follow the instructions.

Since you will be dealing with water at 100F directly, I recommend wearing *latex* or *silicone* gloves to protect your hands. But, you don't have to.

## Preparing the Copper

You need 0.999 quality copper, so a *plain* copper bullion will work. They change your energy so you can change how molecules behave under heat.

To make the special bullion, you have to clean it. Using lemon juice and pink himalayan salt let the copper soak in a *stainless steel* cup. There needs to be iron along with the soak. A stainless steel cup provides enough. Let this soak for 2 days or 48 hours with the top covered using plastic wrap in a *dark cool* room.

If you don't have a stainless steel cup, you can use hematite inside the bowl you do have and wait 48 hours, lid covered with plastic wrap, in a *dark cool room*.

Once the soak is done, take the copper out of the bowl and give a soak in hot (>100F) water for 5minutes. This makes it vibrate more! Dry and wear, you're copper is ready now.

## Preparing the Shungite

For this preparation, you'll need a *glass bowl*. And this needs to be prepared as well. To prepare the glass bowl, wash it with soap and warm water (80F) for 2 minutes. Make sure it is really clean and don't use any sanitisation tools like alcohol or wipes. Give it a dry with a cloth or paper and it is done.

Now grab the shungite and clean it up using warm water inside the bowl. Don't use soap and just rinse it inside the bowl.

The shungite is prepared. Grab a black cloth and cover it in a cool dark place for 1 day or 24 hours.

## After preparation

Now that you've prepared the copper and shungite, you can wear them for the stone making process.

We now need to make carmot!

---

## Making Carmot (Using Citrine)

This section is about making carmot out of a citrine stone. Carmot is an element which helps turn a base stone into a philosopher stone; think of it like a catalyst for a reaction.

While we could make a philosopher stone without carmot, it would take lots of time! So, we'll just prepare some carmot within the citrine.

This method is efficient and saves effort of laborious washing and insulation.

## Beginning Steps...

Take some citrine and lather iodised salt over it with a coating of olive oil. The oil insulates the stone and salt has iodine, which is for the reaction. *Put the citrine in a stainless steel cup.*

Now, heat 8-16oz of water up to more than 100F and pour into the stainless steel cup. Let it sit there with aluminium foil covering it for 5 minutes.

After this, pour out the water and put some ice water right over the citrine. Let this cool inside a freezer for a day, 24 hours.

After this, you're all set; break the ice and collect your carmot.

It's done. Let's wrap it up...

---

## Making the stone (quartz method)

This page is about making the stone using quartz as the base stone.

### What's a Base Stone?

A base stone is a carrier for the real philosopher stone. Parts of it transmute into a philosopher stone, sometimes giving the stone a 'rainbow' glow over light. We're using quartz as the base stone, but you can use others too.

### Preparing the Quartz

This part is about making the quartz something you can quickly turn into a philosopher stone without a long process.

*Traditionally, a philosopher stone would take over a year (365+ days) of tedious labour, chemical treatment, and heat to make. And, when you did make the stone, you only had limited quantities of it. So, it didn't last all the time.*

This method stores the stone inside the quartz so you can use it many times for meditation, elixirs, and work with metals.

## Making the Quartz...

*You can clean the quartz with soap and water before doing this, but it is not required due to heat of the water.*

Place the quartz inside a *stainless steel cup* and fill it with *water at 70F* or room temperature. Let this sit there for 15 minutes. From here heat water and make sure it is at 100F or more! Then, pour out half of the 70F water and pour the 100F+ water inside the cup. Stir with a stainless steel spoon until the water is mixed well. Let it sit there for 5 minutes.

*This causes the remaining water to have a temperature increase which also surrounds the quartz. So, the quartz begins to slowly increase temperature to 100F.*

After this, pour out the water and dry the quartz. It is ready for the last part!

## Making the Stone...

For this part, you need

1. carmot (your citrine)
2. prepared quartz
3. heat
4. insulation

Go ahead and make a coating for the stones using virgin coconut oil and pink himalayan salt. Use a 1:3 ratio, so for every 1 tsp of virgin coconut oil there are 3 tsps of pink himalayan salt. Mix well and store in a cup.

Now, coat the citrine and quartz with the mixture well. Place them inside a stainless steel cup with water boiled really high (at a boil, so 100C). Cover the top with plastic wrap and wait for 15 minutes.

From here, the stone is ready, place the quartz inside a bag or bowl of water and let it freeze overnight, or 8 hours. Just to be safe, you can let it sit in the freezer for 12 hours.

After that, you have a cinntamani or philosopher stone! Congrats!

---

## With Selenite (Appendix)...

Now, the cinntamani we just made used quartz, but you can also use selenite too. You don't have to prepare the selenite, but make sure you clean it with soap and water.

Repeat the same process we just did with selenite instead of quartz.

*This part is included if you want a fast elixir so you can heal all your illnesses. The quartz also can heal all your illnesses to, but (see this section) you have to soak it in wine for 30 minutes before ingestion.*